

Learning to love and trust God's divine timing

written by Special to Arkansas Catholic |

Caroline Koch, a junior at Mount Saint Mary Academy in Little Rock, has learned to trust in God's timing and plan for her life, which has helped her overcome hardships and develop a deeper relationship with God.

How to create a more prayerful life this Lenten season

written by Katie Zakrzewski |



Lent is a time of reflection to deepen one's faith and join Christ on the journey to the cross.

While some Catholics may be looking to give up sweets and sodas, other Catholics may be looking to do something more, such as creating a more prayerful life.

Psalm 22 declares God will have ultimate victory

written by Bishop Anthony B. Taylor |

If an American hostage were to shout “O Beautiful for Spacious Skies” we’d know right away that he wasn’t talking about the big skies of Iraq. His intention would be to make the entire song “America the Beautiful” come to mind and thus declare clearly the love of country that the song as a whole expresses.

Well, when Jesus shouted, “My God, my God, why have you forsaken me?” his Jewish hearers knew right away that he was quoting the first line of the 22nd Psalm and thus declaring very clearly his confidence in God’s ultimate victory as expressed by that Psalm as a whole.

The 22nd Psalm may begin with words of despair but ends with a declaration of faith and hope. The first part describes things that were happening to Jesus right then on Calvary, a point which he doesn’t want people to miss: “All who see me scoff at me; they mock me with parted lips, they wag their heads: ‘He relied on the Lord; let him deliver him. ’ And many dogs surround me, a pack of evildoers closes in upon me; they have pierced my hands and my feet ... they divide my garments among them; for my clothing they cast lots.

“But you O Lord, be not far from me; O my help hasten to aid me. ”

And then the Psalm ends declaring that this is exactly what God will do: “God heard me when I cried out . . . all the ends of the earth will worship and turn to the Lord ... the generation to come will be told of the Lord that they may proclaim to a people yet unborn the deliverance you have brought. ”

The deliverance that we will celebrate in one week’s time.

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